# **Letters** | Correspondance

### References

- 1. Anderson H, Goolishian H. Systems consultation to agencies dealing with domestic violence. In: Wynne L, McDaniel S, Weber T, editors. The family therapist as systems consultant. New York, NY: Guilford Press; 1986. p. 284-99.
- 2. Anderson H, Goolishian H. Human systems as linguistic systems: evolving ideas about the implications for theory and practice. Fam Process 1988:27:371-93.
- 3. Anderson H, Goolishian H. The client is the expert: a not-knowing approach to therapy. In: McNamee S, Gergen K, editors. Social construction and the therapeutic process. Newbury Park, CA: Sage Publications; 1992. p. 25-39.
- 4. White M. Re-authoring lives: interviews and essays. Adelaide, Australia: Dulwich Centre Publications; 1995.
- 5. White M, Epston, D. Narrative means to therapeutic ends. New York, NY: Norton Press: 1990.
- 6. Poon VH. Model for counseling people in relationships. Can Fam Physician 2007;53:237-8.

### Kudos

Tam retired now after 42 years in rural practice, which covered all aspects of medicine including obstetrics, anesthesia, critical care, emergency room coverage, and regular office hours, plus geriatric care at a large nursing home. Now I have time to reflect, thank goodness! I enjoyed the article on narrative medicine by Dr Rita Charon<sup>1</sup> and certainly think that such programs are effective and necessary for any medical student. It's too bad this wasn't covered back in the early 60s when I graduated from Queen's University in Kingston, Ont.

> —Peter Dunlop MD FCFP Dunnville, Ont by e-mail

### Reference

1. Charon R. What to do with stories. The sciences of narrative medicine. Can Fam Physician 2007;53:1265-7.

# Well put

Tam still stunned. All that I came to realize after prac-Lising and teaching family medicine for 26 years, the essence of what I have been struggling to achieve in my career, everything was articulated perfectly by Dr Charon: "The writing renders the ... treatment a healing conversation between [doctor and patient]. Until the writing, there are 2 isolated beings ... both of whom suffer, and both of whom suffer alone."1

I just finished reading the summer story issue of Canadian Family Physician (August 2007), and that spark of enthusiasm was all I needed to finally get in touch with Dr Charon. I first encountered the formal term of narrative medicine in an article she wrote for the New England Journal of Medicine in February 2004 and again a year later in her article honouring Susan Sontag. Ever since, I have been fantasizing about taking a sabbatical at Columbia, but I felt I would be crippled by my lack of knowledge of the English language; and in those matters of creativity (to state the corollary of what Boileau once said), if one cannot express oneself clearly, one just cannot think. Maybe it would be more realistic to start by attending one of Dr Charon's seminars or intensive training workshops at Columbia University. I would appreciate direction

to a specific website that would provide me with the appropriate information.

Purely as a dilettante, I started writing articles on how to better understand the practice of family medicine in light of what art, science, and literature have to convey. Last winter I spent all my weekends wrestling with Chekhov in quantum mechanics. This year I intend to tackle the immense achievement of Albert Camus and particularly his notions of absurdity and revolt. (As an anecdote, did you know that Camus went to Columbia in the spring of 1946 and gave a conference in the MacMillan auditorium? He was then introduced as Albert Camoose!) I want to thank Dr Charon for her contributions to the summer story issue.

> —Daniel Marleau MD CCMF FCMF Rouyn-Noranda, Que by e-mail

#### Reference

1. Charon R. What to do with stories. The sciences of narrative medicine. Can Fam Physician 2007;53:1265-7.

For information on training workshops in narrative medicine at Columbia University in New York, NY, please visit www.narrativemedicine.org.

# Response

Tappreciate the thoughtful correspondence I have received in response to my August 2007 essay entitled "What to do with stories. The sciences of narrative medicine."1 I find each of the comments rich and provocative, both intellectually and relationally. That is to say, the comments demonstrate the emergence of a fresh discourse marked by multiplicity and intersubjectivity, in which the care of the sick becomes the locus for health care practice, discovery-bound intellectual curiosity, and relation-building among members of an international community.

Dr Poon's comments prompt some clarification on my part. By no means did I mean to imply that I thought I had, single-handedly, brought narrative to medicine! Heavens! Hippocrates, Galen, Thomas Mann, and Freud did that long ago. Certainly the social constructivists had a hand in it, as did the sociolinguists, the phenomenologists, the medical anthropologists-in short, all those scholars and writers and artists who realized that the body is a portal of the self.

The case of narrative therapy interests me a great deal. Here, in the practice of family therapists, is a crystallization of the therapeutic implications of narrative medicine theory. I take—and have written on-narrative therapy as a most instructive and pioneering exemplar of the practical sequelae of thinking along the lines of narrative medicine. I hope in the short future to have a means of dialogue between