



Can you identify this condition?

Safiya Karim Alim Devani MD FRCPC
Alain Brassard MD FRCPC

A 45-year-old aboriginal woman with a 30-year history of debilitating rheumatoid arthritis presents with an ulcer on her right foot. She initially developed this ulcer 3 years ago following a traumatic incident. The ulcer is very painful and has not responded to multiple courses of antibiotics and different dressings. She is currently taking acetaminophen and short-acting morphine. She is also taking 5 mg of prednisone per day for her rheumatoid arthritis.

The most likely diagnosis is

1. Arterial ulcer
2. Varicose ulcer
3. Wegener granulomatosis
4. Pyoderma gangrenosum
5. *Clostridium* spp infection

Answer on page 379

Intra-articular knee injections



Procedures and assessments video series

Juan Antonio Garcia-Rodriguez MD CCFP DipSportsMed

Check out this month's instructional video—"Intra-articular knee injections." Intra-articular injection of the knee is a common and useful procedure in daily practice. Corticosteroid injections are indicated to treat osteoarthritis of the knee, crystal-induced arthropathy, and synovitis in rheumatoid arthritis; viscosupplementation is a step in the long-term treatment of osteoarthritis. The video reviews the equipment and technique required for this procedure.

The video "Intra-articular knee injections" is available at www.cfp.ca. Go to this article online, then click on **CFPlus** in the menu at the top right-hand side of the page.

Past instructional videos can be accessed online at www.cfp.ca. On the home page, click on Collections, then click on Video Series in the left-hand menu.

Dr Garcia-Rodriguez practises family medicine and sports medicine in Calgary, Alta, and is Assistant Professor in the Department of Family Medicine at the University of Calgary.

Competing interests
None declared

Video 3. Intra-articular knee injections

