



Best of the best

The CFPC's 2007 award recipients

Cal Gutkin MD CCFP(EM) FCFP, EXECUTIVE DIRECTOR AND CHIEF EXECUTIVE OFFICER

The past year once again proved that Canada is blessed with thousands of dedicated family physicians committed to teaching, research, and serving their patients in communities across Canada. Selecting among the nominees for our annual awards is a challenging task—but a pleasant one.

Congratulations to our 2007 award recipients—and to the hundreds of deserving others they represent.

The College of Family Physicians of Canada's (CFPC's) Research and Education Foundation thanks all of you whose generous donations support this awards program and help us celebrate the accomplishments of our family medicine peers.

CFPC SPECIAL HONOURS

W. Victor Johnston Award

Dr James Rourke, *St John's, Nfld*

This award honours the memory of the late Dr W. Victor Johnston, the CFPC's first Executive Director, from 1954 to 1964. The recipient is recognized for leadership in family medicine in Canada or internationally and presents the W. Victor Johnston Oration at the CFPC's annual Convocation. Dr Rourke, the Dean of Medicine at Memorial University of Newfoundland, is a long-standing leader in academic and rural family medicine in Canada and around the world.

Canada's Family Physicians of the Year:

Reg L. Perkin Awards

Dr Nirvair Kaur Levitt, *Vancouver, BC*

Dr Timothy D. Kolotyluk, *Westlock, Alta*

Dr Steven Goluboff, *Saskatoon, Sask*

Dr Allan Ranson, *Hamiota, Man*

Dr Graham Swanson, *Burlington, Ont*

Dr Marie-Thérèse Lussier, *Montreal, Que*

Dr Christopher Perry O'Brien, *Saint John, NB*

Dr Barbara Flanagan, *Charlottetown, PEI*

Dr Lisa M. Bonang, *Musquodoboit Harbour, NS*

Dr Patrick O'Shea, *St John's, Nfld*

These awards, named in honour of Dr Reg L. Perkin, CFPC Executive Director from 1985 to 1996, recognize outstanding CFPC family physician members who exemplify the best of what being a family doctor is all about: embodying the 4 principles of family medicine through contributions to patient care, teaching, research, and

community services. These awards are supported by the CFPC, the Research and Education Foundation, Health Canada, and Merck Frosst Canada Ltd.

Donald I. Rice Award

Dr Mohamed Ravalia, *Twillingate, Nfld*

This award, named in honour of Dr Donald I. Rice, CFPC Executive Director from 1965 to 1985, recognizes an outstanding CFPC family physician member for exceptional contributions to teaching and leadership in our discipline. Dr Ravalia has combined exemplary care for his patients with commitments to teaching and introducing innovative approaches to the delivery of primary care and family practice services in Twillingate, Nfld.

Jean-Pierre Despins Award

Dr Val Rachlis, *Toronto, Ont*

This award, named in memory of the late Dr Jean-Pierre Despins, CFPC President from 1995 to 1996 and Chair of the Board of the Research and Education Foundation from 1999 to 2000, honours a CFPC family physician member identified as an outstanding advocate and public spokesperson for family medicine, family physicians, and patients. Dr Rachlis is recognized for his highly valued leading-edge approaches to family practice and his superb presentations to the public on the perspectives and needs of family physicians and their patients.

Ian McWhinney

Family Medicine Education Award

Dr Louise Nasmith, *Vancouver, BC*

This award, named in honour of Dr Ian McWhinney, the first Professor and Chair of a Canadian University Department of Family Medicine (University of Western Ontario, 1968 to 1987), is presented to a family medicine teacher in recognition of his or her outstanding contribution to family medicine education. Dr Nasmith is a CFPC Past President and a highly valued teacher. She was Professor and Chair of the departments of family medicine at both the University of Toronto and McGill University, and is currently Principal of the College of Health Disciplines at the University of British Columbia in Vancouver.

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Family Medicine Researcher of the Year

Dr Moira Stewart, *London, Ont*

This award honours a family medicine researcher who has been a pivotal force in, and has made an original contribution to, family medicine research. Dr Stewart is Director of the Centre for Studies in Family Medicine and a Professor in the Department of Family Medicine at the University of Western Ontario. As an epidemiologist whose early interest in family medicine helped shape her career, Dr Stewart has focused her research on doctor-patient communication and the importance of integrated, patient-centred care.

CFPC and Scotiabank Family Medicine Lectureship

Ms Gail Asper, Founder of The Canadian Museum for Human Rights, *Winnipeg, Man*

This award recognizes an outstanding Canadian or international figure who has contributed substantially in thought or deed to issues related to the health and well-being of people in Canada or around the world. This award is supported by Scotiabank.

Honorary Membership

Mr James Daly, *Winnipeg, Man*

Dr Philip Hall, *Winnipeg, Man*

Dr Karen Mann, *Halifax, NS*

This honour recognizes people of distinction who are not CFPC members, but who have made an outstanding contribution to the CFPC, family medicine, or the health and well-being of the population in Canada or abroad.

CFPC Awards of Excellence

Dr Sue Atkinson, *Halifax, NS*

Dr Michèle Aubin, *Quebec, Que*

Dr Tuhin Bakshi, *Wetaskivín, Alta*

Dr Johanne Blais, *Boischatel, Que*

Dr Peter Boronowski, *Williams Lake, BC*

Dr Roger Butler, *St John's, Nfld*

Dr Claudette Chase, *Sioux Lookout, Ont*

Dr Brian E. Davidson, *Riverview, NB*

Dr Stephen DiTommaso, *Montreal, Que*

Dr Anne DuVall, *Barrie, Ont*

Dr Philip Ellison, *North York, Ont*

Dr Sidney Feldman, *Toronto, Ont*

Dr Pierre Gosselin, *Port-Cartier, Que*

Dr George Harpur, *Tobermory, Ont*

Dr Robert Henderson, *Campbellford, Ont*

Dr Videsh Kapoor, *Vancouver, BC*

Dr Paul Kelly, *Summerside, PEI*

Dr Grant Kirk, *Stellarton, NS*

Dr René Lamontagne, *Quebec, Que*

Dr Eric-Viet Laperrière-Nguyen, *Montreal, Que*

Dr Jean LeBlanc, *Caraquet, NB*

Dr Lois Milne, *Calgary, Alta*

Dr Margaret Munro, *Thunder Bay, Ont*

Dr Michael Nicholls, *Regina, Sask*

Dr Colin Noel, *The Pas, Man*

NORFAM Teaching Group, *Goose Bay, Nfld*

Dr Mark Nowaczynski, *Toronto, Ont*

Dr Ivy Oandasan, *North York, Ont*

Dr Michael Penrose, *Dauphin, Man*

Dr Lynda Redwood-Campbell, *Burlington, Ont*

Dr Cathy Risdon, *Dundas, Ont*

Dr Patricia Rockman, *Toronto, Ont*

Dr Walter Rosser, *Kingston, Ont*

Dr Rehana K. Rouf, *Dunnville, Ont*

Dr Gerry Schwalfenberg, *Edmonton, Alta*

Dr Peter Selby, *Toronto, Ont*

Dr James Stockdill, *Victoria, BC*

Dr Marco Terwiel, *Maple Ridge, BC*

Dr Charles Trainor, *Charlottetown, PEI*

Dr Konia Trouton, *Victoria, BC*

Dr Murray Trusler, *Moose Factory, Ont*

Dr Alfredo Tura, *Vancouver, BC*

Dr Mohamud Verjee, *Calgary, Alta*

Dr Mark Yaffe, *Montreal, Que*

Dr Dale Ziter, *Windsor, Ont*

Awards of Excellence recognize CFPC members who, in the past 12 to 24 months, have made outstanding contributions to one or more of the following: patient care, community service, hospital or health care institutions, College activities (National or Chapter), teaching, research, or other elements of the discipline of family medicine.

CFPC CERTIFICATION EXAMINATION AWARDS

Irwin Bean Award

Dr Heather Blois, *Thessalon, Ont*

Bob Robertson Award

Dr Yvette-Nelly Tewfik, *Montreal, Que*

These awards, honouring the late Dr Irwin Bean, CFPC President from 1962 to 1963 and the first Chair of the CFPC's Committee on Examinations, and the late Dr Bob Robertson, CFPC President from 1980 to 1981, are presented annually to the candidates who achieve the highest standing among practice-eligible candidates and family medicine residents, respectively, in the Certification Examination in Family Medicine.

FAMILY MEDICINE RESIDENT AWARDS

Murray Stalker Memorial Award

Dr Praseedha Janakiram, *Guelph, Ont*

This award, named in honour of the late Dr Murray Stalker, first CFPC President from 1954 to 1955, recognizes the scholarly achievements of family medicine residents and is awarded to potential future leaders in our discipline.

Research Awards for Family Medicine Residents

Dr Patrick Merrett, *McGill University*

Dr Jan Sommers and **Dr Marie-Josée Klett**,
Dalhousie University

Vital Signs

These awards recognize the research achievements of family medicine residents. They are supported by the Professional Association of Internes and Residents of Ontario.

Nadine St-Pierre Award

Dr Camille Gérin, *Verdun, Que*

This award, named in honour of the late Dr Nadine St-Pierre, who was instrumental in the development of the French-language version of the Certification Examination in Family Medicine, recognizes an outstanding Francophone family medicine resident.

CFPC Family Medicine Resident Leadership Awards

Dr Courtney Howard, *University of British Columbia*

Dr Jeremy M. Wojtowicz, *University of Calgary*

Dr Ramak Shadmani, *University of Alberta*

Dr Ryan Meili, *University of Saskatchewan*

Dr Teresa Wawrykow, *University of Manitoba*

Dr Jessica Hunter-Orange,

University of Western Ontario

Dr Nadine Majid, *McMaster University*

Dr Erin Pepper, *Northern Ontario School of Medicine*

Dr Haider Saeed and Dr Caroline Collins,

University of Toronto

Dr Tara L. Larkin, *Queen's University*

Dr Praseedha Janakiram, *University of Ottawa*

Dr Geneviève Auclair, *Laval University*

Dr Christine Di Lullo, *McGill University*

Dr Élisabeth Picard, *University of Montreal*

Dr Guylaine Laguë, *University of Sherbrooke*

Dr Elizabeth Shouldice, *Dalhousie University*

Dr Danielle O'Keefe, *Memorial University of Newfoundland*

These awards recognize the leadership abilities of outstanding senior family medicine residents from each of Canada's family medicine residency programs. They are supported by Scotiabank and CFPC members.

MEDICAL STUDENT AWARDS

CFPC Medical Student Scholarships

Ms Jennifer Anne Barley, *University of British Columbia*

Ms Brienne McLane, *University of Calgary*

Ms Brenda Nakashima, *University of Alberta*

Ms Michelle Lacasse, *University of Saskatchewan*

Mr Michael Isaac, *University of Manitoba*

Ms Clarissa Holding, *University of Western Ontario*

Ms Salma Rawof, *McMaster University*

Mr Ferhan Siddiqi, *University of Toronto*

Ms Katie Ann Forfar, *Queen's University*

Ms Meghan Cusack, *University of Ottawa*

Ms Stéphanie Morel, *Laval University*

Mr Gabriel Rebick, *McGill University*

Ms Dori Shiff, *University of Montreal*

Mr Raphaël Paris, *University of Sherbrooke*

Ms Jennifer Sinclair, *Dalhousie University*

Ms Colette Dawson, *Memorial University of Newfoundland*

These scholarships recognize outstanding Canadian medical

students in their second-last undergraduate year of study, at each of Canada's medical schools, who have demonstrated an interest in family medicine as a career. They are supported by donations from Scotiabank and CFPC members.

CFPC Medical Student Leadership Awards

Dr Lucinda Joy McQuarrie, *University of British Columbia*

Dr Allison E. Salter, *University of Calgary*

Dr Alicia Bong, *University of Alberta*

Dr Raenelle Nesbitt, *University of Saskatchewan*

Dr Karim Dharssi, *University of Manitoba*

Dr Sean R. Peterson, *University of Western Ontario*

Dr Melissa MacEwen, *McMaster University*

Dr Sara N. Cohen-Gelfand, *University of Toronto*

Dr Douglas Hall, *Queen's University*

Dr Suzanne Bradwell, *University of Ottawa*

Dr Marie-Claire Lemay, *Laval University*

Dr Vanessa Berjat, *McGill University*

Dr Valérie Jodoin, *University of Montreal*

Dr Maryse Lavoie, *University of Sherbrooke*

Dr Alana Cormier, *Dalhousie University*

Dr Megan Hayes, *Memorial University of Newfoundland*.

These awards recognize exemplary Canadian medical students in their final undergraduate year of study at each of Canada's medical schools who have demonstrated outstanding leadership potential and a commitment to a future career in family medicine. They are supported by donations from Scotiabank and CFPC members.

CANADIAN FAMILY PHYSICIAN AWARDS

Canadian Family Physician Best Original Research Article

Dr G. Richard Spooner, *Edmonton, Alta*
with **Dr Trustin Domes**, **Dr Odell Olson**, **Ms Olga Szafran**, and **Ms Cheryl Bilous**

Acute myocardial infarction. Quality of care in rural Alberta. *Can Fam Physician* 2006;52:68-9. Available from: www.cfp.ca/cgi/reprint/52/1/68.

Recipients are recognized for original research judged to be the best of its genre published in *Canadian Family Physician* during the preceding year.

CONTINUING EDUCATION AND PROFESSIONAL DEVELOPMENT AWARDS

C. Robert Kemp Palliative Care Scholarships

Dr Lisa M. Bonang, *Musquodoboit, NS*

Dr Melissa Melnitzer, *Toronto, Ont*

These awards, presented in the name of Dr C. Robert Kemp, a Past President of the Ontario College of Family Physicians (1967 to 1968), support family physicians' participation in palliative care programs. They are supported by the Kemp Family Stoney Creek Fund of the Hamilton Community Foundation.

Hollister King Rural Family Practice Scholarship

Dr Todd Young, *Hornepayne, Ont*

Awarded in memory of the late Dr Hollister King, CFPC President from 1977 to 1978 and former Chief of Family Practice at Women's College Hospital in Toronto, Ont, this scholarship provides an opportunity for a practising family physician to attain or enhance special skills in delivery of rural medical care.

Janus Continuing Professional Development and Continuing Medical Education Scholarships

Dr Christine Bourbonnière, *Ottawa, Ont*

Dr Debra Butt, *Scarborough, Ont*

Dr Carol Critchley, *Sydney, NS*

Dr Lionel Marks de Chabris, *Sudbury, Ont*

Dr Adam Gavsie, *Montreal, Que*

Dr Gregory S. Hall, *Cambridge, Ont*

Dr Linda Lee, *Kitchener, Ont*

Dr Fan-Hsia Mang, *Kingston, Ont*

Dr Nandini Sathi, *Toronto, Ont*

Through these scholarships, the CFPC's Janus Project supports family doctors to carry out continuing medical education activities related to meeting the changing needs of their patients and communities. These scholarships are supported by donations from Associated Medical Services Inc and Scotiabank.

CFPC Scholarships in Women's Health

Dr Pascale Hudon, *Longueuil, Que*

Dr Jennifer Manklow and **Dr Konia Trouton**, *Victoria, BC*

Dr Leanne Nause, *Morden, Man*

Dr Innocent Okafor, *Labrador City, Nfld*

Dr Janice Pan, *Winnipeg, Man*

Dr Suzanne Roberts, *St John's, NB*

Dr Cary Shafir, *Guelph, Ont*

Dr Timothy M. Wehner, *Kenora, Ont*

These scholarships are awarded to family physicians to support their continuing professional development activities related to women's health. They are supported by the Society of Obstetricians and Gynecologists of Canada's Foundation for the Promotion of Reproductive and Sexual Health.

Geeta Gupta Equity and Diversity Award

Dr Lanice Jones, *Calgary, Alta*

This award is in honour of Dr Geeta Gupta, a family physician devoted to working with minority and ethnic communities, and recognizes an outstanding family physician who has shown leadership in caring for diverse patients or populations. This award is supported by the Ben Topor Family Foundation through the Jewish Community Foundation of Montreal.

CFPC's Environmental Health Award and Nicole Bruinsma Award for Environmental Leadership

Dr Lynn Marshall, *Oakville, Ont*

These awards recognize a CFPC family physician member who has demonstrated leadership in the area of

environmental health. The Nicole Bruinsma Award for Environmental Leadership is presented by the Canadian Association of Physicians for the Environment, in memory of the late Dr Nicole Bruinsma.

CFPC RESEARCH AWARDS AND GRANTS

Janus Research Grants

Dr Marcel Emond, *Quebec, Que*

Dr Anita Greig, *Toronto, Ont*

Dr Christina Korownyk, *Edmonton, Alta*

Dr Michael Malus, *Montreal, Que*

Dr Ieva Neimanis, *Hamilton, Ont*

Dr Ellen Rosenberg, *Montreal, Que*

Dr Marlene Wickman, *Vancouver, BC*

These grants support family physicians carrying out research projects to help meet the changing needs of their patients and communities. They are supported by Associated Medical Services Inc and Scotiabank.

D.M. Robb Research Grant

Dr Len Kelly, *Sioux Lookout, Ont*

This award honours the late Dr Douglas Robb, a Past President of the New Brunswick Chapter of the CFPC from 1979 to 1980. This award supports the research activities of a community-based family physician.

CFPC Outstanding Family Medicine Research Article

Dr Jacqueline E. Lewis, *Calgary, Alta*

with **Dr Leslie A. Nickell**, **Dr Lilian U. Thompson**, **Dr John P. Szalai**, **Dr Alex Kiss**, and **Dr John R. Hilditch**

A randomized controlled trial of the effect of dietary soy and flaxseed muffins on quality of life and hot flashes during menopause. *Menopause* 2006;13(4):631-42.

This award recognizes the best research article published in a national or international journal during the preceding year that was based on family medicine research carried out by a CFPC member.

LIFE MEMBERS

Life membership is awarded to those 70 or older who have been CFPC members in good standing for at least 10 consecutive years immediately before the date of nomination. The names of Life Members for 2007 can be found at www.cfpc.ca/awards.

FELLOWSHIP

Fellowship in the College of Family Physicians of Canada (FCFP) is an honour the CFPC confers upon Certificant members who have maintained their membership and Certification for a minimum of 10 consecutive years, demonstrating their ongoing commitment to continuing professional development and lifelong learning. The names of CFPC Fellows for 2007 can be found at www.cfpc.ca/awards.

