

Can you identify this condition?

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48-year-old healthy Asian man presents with a 4-year history of a circumscribed pruritic plaque $oldsymbol{1}$ on the dorsal aspect of his right thumb. The plaque is thickened, with exaggeration of the normal skin markings.

The most likely diagnosis is

- 1. Lichen simplex chronicus
- 2. Dyshidrotic eczema (pompholyx)
- 3. Psoriasis
- 4. Tinea manuum
- 5. Granuloma annulare