Can you identify this condition?

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A 73-year-old man presents to your office complaining of a gradual decrease in vision in both eyes over the past 1 to 2 years. His vision is particularly worse at nighttime. Distance visual acuity is 20/50 OD and 20/40 OS. Slit-lamp examination after dilation is shown in the above image.

The appropriate management is

1. Nonurgent referral to an ophthalmologist for surgery
2. Smoking cessation
3. Use of sunglasses
4. All of the above

Answer on page 1700