



The CFPC's 2009 honours and awards

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Each year the College of Family Physicians of Canada (CFPC) celebrates the accomplishments of a number of family physicians, residents, and medical students who have been recognized for their outstanding contributions to patient care, teaching, research, and our health care system. The Honours and Awards Program has been growing thanks to generous donations to the College's Research and Education Foundation (REF) from fellow family physicians and corporate supporters. The following award recipients were announced at Family Medicine Forum 2009:

W. Victor Johnston Award

The Honourable Dr Carolyn Bennett, Toronto, Ont

This award honours the late Dr W. Victor Johnston, the CFPC's first Executive Director, from 1954 to 1964. The recipient is recognized for leadership in family medicine in Canada or internationally and presents the W. Victor Johnston Oration at the CFPC's annual Convocation. Dr Bennett was named Canada's first Minister of State for Public Health in 2003. During her 2 years as Minister, she set up the Public Health Agency of Canada, appointed the country's first Chief Public Health Officer, and oversaw the establishment of a true public health network for Canada through which all 13 jurisdictions would be able to plan collaboratively for the health of Canadians. Currently she is the Liberal Opposition Critic for Health. Before her election, Dr Bennett was a family physician and a founding partner of Bedford Medical Associates in downtown Toronto. This award is supported by the REF.

Canada's Family Physicians of the Year:

Reg L. Perkin Awards

Dr John P. Pawlovich, Fraser Lake, BC

Dr George Gish, Claresholm, Alta

Dr Keith Ogle, Saskatoon, Sask

Dr Darcy Johnson, Winnipeg, Man

Dr Dona Rae Bowers, Ottawa, Ont

Dr Jean Maziade, Quebec, Que

Dr John W. Keddy, Fredericton, NB

Dr Randy J. MacKinnon, Charlottetown, PEI

Dr Lawrence M. MacNeil, Arichat, NS

Dr Paul Bonisteel, New Harbour, Nfld

These awards, named in honour of Dr Reg L. Perkin, CFPC Executive Director from 1985 to 1996, recognize outstanding CFPC family physician members who exemplify the best of what being a family doctor is all about: embodying the 4 principles of family medicine through contributions to patient care, teaching, research, and community services. These awards are supported by the CFPC, the REF, Health Canada, and Merck Frosst Canada Ltd.

Jean-Pierre Despins Award

Dr Rick Ward, Calgary, Alta

This award, named in memory of the late Dr Jean-Pierre Despins, CFPC President from 1995 to 1996 and Chair of the Board of the REF from 1999 to 2000, honours a CFPC family physician member identified as an outstanding advocate and public spokesperson for family medicine, family physicians, and patients. Dr Ward is a community-based family physician in Calgary and a Clinical Associate Professor in the Faculty of Medicine at the University of

Calgary. He has been involved with the CFPC at a national and provincial level, including chairing the Family Medicine Forum Advisory Committee. He is the current President of the Alberta College of Family Physicians. This award is supported by the CFPC and donations to the J-P Despins Fund of the REF.

Ian McWhinney Family Medicine Education Award

Dr Tom Elmslie, Ottawa, Ont

This award, named in honour of Dr Ian McWhinney, the first Professor and Chair of a Canadian University Department of Family Medicine (University of Western Ontario, 1968 to 1987), is presented to a family medicine teacher in recognition of his or her outstanding contribution to family medicine education. Dr Elmslie, a Professor in the Department of Family Medicine at the University of Ottawa and a member of the teaching group at the Bruyère Family Medicine Centre in Ottawa, is recognized for his leadership in family medicine education in Canada and his high standards of teaching at all levels. This award is supported by the CFPC and donations to the Ian McWhinney Fund of the REF.

Family Medicine Researcher of the Year

Dr Stefan Grzybowski, Vancouver, BC

This award honours a family medicine researcher who has been a pivotal force in, and has made an original contribution to, family medicine research. Dr Grzybowski is a family physician researcher and a Professor in the Department of Family Practice at the University of British Columbia. His current research focuses on rural primary care and rural maternity care in British Columbia. He is committed to building research capacity in family medicine. This award is supported by the REF.

Lifetime Achievement Awards in Family Medicine Research

Dr Wayne Elford, Calgary, Alta

Dr John Garson, Vancouver, BC (deceased)

Dr George McQuitty, Calgary, Alta (deceased)

Dr Peter Norton, Creemore, Ont

Dr Michael Tarrant, Calgary, Alta (deceased)

These awards honour individuals who were trailblazers and leaders in, and who have made substantial career contributions to, family medicine research.

CFPC and Scotiabank Family Medicine Lectureship

Dr Barbara Starfield, Baltimore, MD

This award recognizes an outstanding Canadian or international figure who has contributed substantially in thought or deed to issues related to the health and well-being of people in Canada or around the world. Dr Starfield is a physician, health services researcher, and a distinguished Professor in the departments of health policy and pediatrics at Johns Hopkins University. She is internationally recognized for her research related to primary care and population health outcomes. This award is supported by Scotiabank and the REF.

Honorary Membership

Ms Lucille Auffrey, Shediac, NB

Ms Carmen Frese, Calgary, Alta

Cet article se trouve aussi en français à la page 97.

Continued on page 101

Continued from page 104

Honorary memberships recognize individuals of distinction, whether or not they are graduates of medicine, who are not family physicians in Canada but have made outstanding contributions to the discipline of family medicine, the CFPC, or the health and well-being of the population. This award is supported by the REF.

AMS–Mimi Divinsky Awards for History and Narrative in Family Medicine

Best English story by a family physician:

“On Diagnosing Alzheimer Dementia” by **Dr Shane Neilson**, *Guelph, Ont*

Best French story by a family physician:

“Une lettre pour toi” by **Dr Christine Motheron**, *Quebec, Que*

Best story by a family medicine resident:

“Into the Spirit World” by **Dr Andrew Lodge**, *Bella Coola, BC*
These awards are named in memory of the late Dr Mimi Divinsky for her role as a pioneer in narrative medicine in Canada. They are supported by Associated Medical Services Inc.

CFPC Awards of Excellence

Dr Peggy Aufricht, *Calgary, Alta*

Dr Marie-Dominique Beaulieu, *La Prairie, Que*

Dr Allen Bell, *Thornhill, Ont*

Dr Carolyn Bennett, *Toronto, Ont*

Dr Jocelyne Bonin, *St-Hyacinthe, Que*

Dr Micheline Boucher-Robichaud, *Dieppe, NB*

Dr Dieter Bueddefeld, *Altona, Man*

Dr Peter Butt, *Saskatoon, Sask*

Dr François Desbiens, *La Sarre, Que*

Dr Dale Dewar, *Wynyard, Sask*

Dr Gordon Dickie, *London, Ont*

Dr Pauline Duke, *St John's, Nfld*

Dr Suzette Guirguis, *Laval, Que*

Dr Vonda M. Hayes, *Halifax, NS*

Dr Daniel Hewitt, *Lewisport, Nfld*

Dr William Hogg, *Ottawa, Ont*

Dr Peter Hutten-Czapski, *Haileybury, Ont*

Dr Lorena Jenks, *Fort Frances, Ont*

Dr Mireille LeCours, *Stratford, PEI*

Dr Cheryl Levitt, *Hamilton, Ont*

Dr Robin Love, *Nanaimo, BC*

Dr Lynn McLaughlin, *Westmount, Que*

Dr Katherine McNally, *Charlottetown, PEI*

Dr Ewart A. Morse, *Bridgewater, NS*

Dr Tracy Morton, *Queen Charlotte, BC*

Dr Patricia Mousmanis, *Richmond Hill, Ont*

Dr Shehnaz Pabani, *Sudbury, Ont*

Dr Tanya K. Pentelichuk, *Banff, Alta*

Dr David Price, *Hamilton, Ont*

Dr Cameron Ross, *Chilliwack, BC*

Dr H el ene Rousseau, *Montreal, Que*

Dr Brian Schwartz, *Toronto, Ont*

Dr Elizabeth Shaw, *Hamilton, Ont*

Dr Jeffery Sloan, *Napanee, Ont*

Dr Guyl ene Th eriault, *Gatineau, Que*

Dr Martin Veall, *Midland, Ont*

Dr Wayne Weston, *London, Ont*

Dr David White, *Toronto, Ont*

Dr Cornelius Woelk, *Winkler, Man*

Dr Arash Zohoor, *Markham, Ont*

Awards of Excellence recognize CFPC members who, in the past 12 to 24 months, have made outstanding contributions to one or more of the following: patient care, community service, hospital or health care institutions, the health care system, College activities (National or Chapter), teaching, research, or other elements of the discipline of family medicine.

CFPC CERTIFICATION EXAMINATION AWARDS

Irwin Bean Award

Dr Robert Sutherland, *Campbell River, BC*

Bob Robertson Award

Dr Jessica Hopkins, *Ancaster, Ont*

These awards, honouring the late Dr Irwin Bean, CFPC President from 1962 to 1963 and the first Chair of the CFPC's Committee on Examinations, and the late Dr Bob Robertson, CFPC President from 1980 to 1981, are presented annually to the candidates who achieve the highest standing among practice-eligible candidates and family medicine residents, respectively, in the Certification Examination in Family Medicine. These awards are supported by the REF.

MEDICAL STUDENT AWARDS

CFPC Medical Student Leadership Awards

Dr Cortney Shier, *University of British Columbia*

Dr Robert G. Warren, *University of Calgary*

Dr Aisha Khatib, *University of Alberta*

Dr Michael Bayda, *University of Saskatchewan*

Dr Lucy Pei-R u Hwi, *University of Manitoba*

Dr Danyaal Raza, *University of Western Ontario*

Dr Rebekah Shoop, *McMaster University*

Dr Danielle Kain, *University of Toronto*

Dr Claire Dyason, *Queen's University*

Dr Sara Hostland, *University of Ottawa*

Dr Marie-H el ene Dufour, *Laval University*

Dr Emily Ingram, *McGill University*

Dr Philippe Boisvert, *University of Montreal*

Dr Karine B eriault, *University of Sherbrooke*

Dr Stuart Whittaker, *Dalhousie University*

Dr Suzanne Price, *Memorial University of Newfoundland*

These awards recognize the leadership abilities of outstanding Canadian medical students in their final undergraduate year of study at each of Canada's medical schools. These awards are supported by donations from Scotiabank, the CFPC, and the REF.

CFPC Medical Student Scholarships

Mrs Keri Ruthe, *University of British Columbia*

Ms Nadia Shehata, *University of Calgary*

Ms Kelly Tackaberry, *University of Alberta*

Ms Erin Hamilton, *University of Saskatchewan*

Ms Selena Papetti, *University of Manitoba*

Mrs Katie Kauffeldt, *Northern Ontario School of Medicine*

Ms Tiffany Kwok, *University of Western Ontario*

Ms Laura Eustace, *McMaster University*

Ms Esther Lieberman, *University of Toronto*

Ms Allison Chow, *Queen's University*

Ms Pam Carlson, *University of Ottawa*

Mrs Dominique Morin, *Laval University*

Mr Anthony Rizzuto, *McGill University*

Mr Mathieu Moreau, *University of Montreal*

Ms Martine Dulude, *University of Sherbrooke*

Mrs Nicole Fancy, *Dalhousie University*

Ms Sarah D. Cutler, *Memorial University of Newfoundland*

These scholarships recognize outstanding Canadian medical students in their second-last undergraduate year of study, at each of Canada's medical schools, who have demonstrated an interest in or commitment to careers in family medicine. These awards are supported by donations from Scotiabank, the CFPC, and the REF.

FAMILY MEDICINE RESIDENT AWARDS

Murray Stalker Memorial Award

Dr Aaron Orkin, *Oxford, UK*

Vital Signs

This award, named in honour of the late Dr Murray Stalker, first CFPC President (1954 to 1955), recognizes scholarly achievements and leadership among family medicine residents.

Research Awards for Family Medicine Residents

Dr Émilie Beaulac, *Laval University*
Dr Alexis Dumais and **Dr Catherine Benoit**,
University of Sherbrooke

These awards recognize the research achievements of family medicine residents. They are supported by the Professional Association of Internes and Residents of Ontario and the REF.

Nadine St-Pierre Award

Dr Fahimy Saoud, *McGill University*

This award, named in honour of the late Dr Nadine St-Pierre, who was instrumental in the development of the French-language version of the Certification Examination in Family Medicine, recognizes an outstanding Francophone family medicine resident. It is supported by the REF.

CFPC Family Medicine Resident Leadership Awards

Dr Sharon Ham and **Dr Alicia Robinson Power**,
University of British Columbia

Dr Sunita Chacko, *University of Calgary*
Dr Carmen Larsen, *University of Alberta*
Dr Schaana Van de Kamp, *University of Saskatchewan*
Dr Alexander Singer, *University of Manitoba*
Dr Aaron Orkin, *Northern Ontario School of Medicine*
Dr Jessica Howard, *University of Western Ontario*
Dr Jitin Sondhi, *McMaster University*
Dr Somaiah Ahmed and **Dr Sarah Warden**,
University of Toronto

Dr Pamela Aird, *Queen's University*
Dr Caitlin Schwartz, *University of Ottawa*
Dr Sylvain Bellemare, *Laval University*
Dr Deborah Schwarcz, *McGill University*
Dr Julie Massé, *University of Montreal*
Dr Sébastien Lefebvre, *University of Sherbrooke*
Dr Doug Hall, *Dalhousie University*

Dr Margo Wilson, *Memorial University of Newfoundland*
These awards recognize the leadership abilities of outstanding senior family medicine residents from each of Canada's family medicine residency programs. They are supported by Scotiabank, the CFPC, and the REF.

CFPC Family Medicine Resident Awards for Scholarship

Dr Vanessa Brcic and **Dr Caroline Ebert**,
University of British Columbia
Dr Marsha Quartero and **Dr Christopher Rebus**,
University of Calgary
Dr Lemmese Al-Watban, *University of Alberta*
Dr Raenelle Nesbitt and **Dr Jessi Warren**,
University of Saskatchewan

Dr Terrence Szajkowski, *University of Manitoba*
Dr Aaron Orkin, *Northern Ontario School of Medicine*
Dr Mohamed Mahmoud, *University of Western Ontario*
Dr Jessica Hopkins, *McMaster University*
Dr Sarah Wilson, *University of Toronto*
Dr Piotr Oglaza, *Queen's University*
Dr Megan Richard, *University of Ottawa*
Dr Émilie Beaulac, *Laval University*
Dr Fahimy Saoud, *McGill University*
Dr Frédéric Picotte, *University of Montreal*
Dr Alexis Dumais, *University of Sherbrooke*
Dr Laura Sadler, *Dalhousie University*
Dr Annabeth Loveys Humber,
Memorial University of Newfoundland

These awards recognize outstanding scholarly activity by family medicine residents. They are supported by the Association of Family Medicine Residency Directors, the North American Primary Care Research Group, and the CFPC.

Early Career Development Awards

Dr Veronic Clair, *Vancouver, BC*
Dr Miriam Lacasse, *Quebec, Que*

These awards recognize family physicians in their first 5 years of practice for their leadership abilities. They are supported by TD Meloche Monnex and the REF.

CANADIAN FAMILY PHYSICIAN AWARDS

Canadian Family Physician

Best Original Research Article

Dr Graham Worrall, *Whitbourne, Nfld*

One hundred coughs. Family practice case series. *Can Fam Physician* 2008;54:236-7.e1-3.

Dr F. Joseph Lee, *Kitchener, Ont*

with **Dr Moira Stewart** and **Dr Judith Belle Brown**

Stress, burnout, and strategies for reducing them. What's the situation among Canadian family physicians? *Can Fam Physician* 2008;54:234-5.e1-5.

Recipients are recognized for original research judged to be the best of its genre published in *Canadian Family Physician* during the preceding year.

CONTINUING EDUCATION AND PROFESSIONAL DEVELOPMENT AWARDS

C. Robert Kemp Palliative Care Scholarships

Dr Lori E. Teeple, *Strathroy, Ont*

Dr Heidi Chestnut, *Ottawa, Ont*

These awards, presented in the name of Dr C. Robert Kemp, a Past President of the Ontario College of Family Physicians (1967 to 1968), support family physicians' participation in palliative care programs. These awards are supported by donations to the REF from the Kemp Family Stoney Creek Fund of the Hamilton Community Foundation.

Hollister King Rural Family Practice Scholarship

Dr Yvan Bernier, *St-Charles Borromée, Que*

Awarded in memory of the late Dr Hollister King, CFPC President from 1977 to 1978 and former Chief of Family Practice at Women's College Hospital in Toronto, Ont, this scholarship provides an opportunity for a practising family physician to attain or enhance special skills in delivery of rural medical care. This award is supported by the CFPC and donations to the REF Hollister King Fund.

Janus Continuing Professional Development and Continuing Medical Education Scholarships

Dr Brian Addie, *Cow Bay, NS*

Dr Fran Alborg, *Woodstock, NB*

Dr Julia Alleyne, *Toronto, Ont*

Dr Yves Belzil, *Blainville, Que*

Dr Marta Fundamenski, *Ottawa, Ont*

Dr Treena Greene, *Iqaluit, NU*

Dr Antoine Groulx, *Gaspé, Que*

Dr Julie Hong, *Kingston, Ont*

Dr Patrick Ling, *Saskatoon, Sask*

Dr Karen Melanson, *Dieppe, NB*

Dr Gavin Parker, *Calgary, Alta*

Dr Eva Purkey, *Kingston, Ont*

Dr Ashley Riskin, *North Vancouver, BC*

Dr Andrew Sellars, *Vernon, BC*

Dr Daniel St-Arnaud, *Quebec, Que*

Dr Guylène Thériault, *Gatineau, Que*
Dr Carol Valois, *St Bruno, Que*
Dr Sheila Wijayasinghe, *Toronto, Ont*
Dr Sheila Yuen, *Toronto, Ont*

Through these scholarships, the CFPC's Janus Project supports family doctors carrying out continuing medical education activities related to meeting the changing needs of their patients and communities. These scholarships are supported by the CFPC and donations to the REF from Associated Medical Services Inc and Scotiabank.

Janus Scholarship for International Health Projects

Dr David Ponka, *Ottawa, Ont*

This scholarship supports a CFPC member engaging in international health care projects either in Canada or abroad and promoting family medicine abroad. This award is supported by donations to the REF from Associated Medical Services Inc and Scotiabank.

CFPC Scholarships in Women's Health

Dr Sophia Aouinati, *Montreal, Que*
Dr Catherine Cameron, *Toronto, Ont*
Dr Anthony Fong, *Vancouver, BC*
Dr Elizabeth McLeman, *Calgary, Alta*
Dr Tracy Parnell, *Cranbrook, BC*
Dr Myta Peters, *Toronto, Ont*
Dr Amitkumar Upadhyay, *Dunnville, Ont*
Dr Margaret Woods, *Thunder Bay, Ont*

These scholarships are awarded to family physicians to support their continuing professional development activities related to women's health. They are supported by donations to the REF from the Society of Obstetricians and Gynaecologists of Canada's Foundation for the Promotion of Reproductive and Sexual Health.

Geeta Gupta Equity and Diversity Award

Dr Neil Arya, *Waterloo, Ont*
Dr Susan Phillips, *Kingston, Ont*

This award is presented in honour of Dr Geeta Gupta, a family physician devoted to working with minority and ethnic communities, and recognizes an outstanding family physician who has shown leadership in caring for diverse patients or populations. This award is supported by donations to the REF from the Ben Topor Family Foundation through the Jewish Community Foundation of Montreal.

CFPC Environmental Health Award

Dr Catherine Vakil, *Kingston, Ont*

This award is presented to a CFPC family physician member who has demonstrated leadership in the area of environmental health. The recipient is also awarded the Nicole Bruinsma Award for Environmental Leadership presented by the Canadian Association of Physicians for the Environment and the Cheer Foundation in memory of the late Dr Nicole Bruinsma.

CFPC RESEARCH AWARDS AND GRANTS

Janus Research Grants

Dr Nancy Humber, *Lillooet, BC*
Dr Nusrat Jamil, *Winnipeg, Man*
Dr David Joyce, *Vancouver, BC*
Dr Alain Vanasse, *Sherbrooke, Que*
Dr Samantha Winemaker, *Hamilton, Ont*

These grants support family physicians carrying out research projects to help meet the changing needs of

their patients and communities. They are supported by Associated Medical Services Inc, Scotiabank, and the CFPC.

Janus Research Proposal Development Grants

Dr Daniele Behn Smith, *Edmonton, Alta*
Dr Richard Denton, *Kirkland Lake, Ont*
Dr Joshua Shadd, *Kingston, Ont*

These grants, intended to build family medicine research capacity, support academic and community-based family physicians in active practice to develop research grant proposals.

D.M. Robb Research Grant

Dr Sarah Newbery, *Marathon, Ont*

This award honours the late Dr Douglas Robb, a Past President of the New Brunswick Chapter of the CFPC from 1979 to 1980, and supports the research activities of a community-based family physician.

CFPC Outstanding Family Medicine Research Article

Dr Stewart Harris, *London, Ont*
 with **Dr Jean-François Yale**, **Ms Ellen Dempsey**, and
Dr Hertzell Gerstein

Can family physicians help patients initiate basal insulin therapy successfully? *Can Fam Physician* 2008;54:550-8. This award recognizes the best research article published in a national or international journal during the preceding year that was based on family medicine research carried out by a CFPC member.

British Columbia College of Family Physicians (BCCFP) Research Awards

Dr Christina Ames, *Sidney*
Dr Robert Bluman, *Vancouver*
Dr Trevor Corneil, *Vancouver*
Dr Paul Gross, *Vancouver*
Dr Maureen Mayhew, *Vancouver*
Dr Konia Trouton, *Victoria*
Dr Chuck Wen, *Vancouver*

These awards support original research carried out by practising family physician members of the BCCFP, post-graduate family medicine residents, or medical students enrolled at the University of British Columbia. These awards are supported by the BCCFP Research Awards Fund and the REF.

FELLOWSHIP

Fellowship in the College of Family Physicians of Canada (FCFP) is an honour the CFPC confers upon Certificant members who have maintained their membership and Certification for a minimum of 10 consecutive years, demonstrating their ongoing commitment to continuing professional development and lifelong learning. The names of CFPC Fellows for 2009 can be found at www.cfpc.ca/awards.

LIFE MEMBERS

Life membership is awarded to those 70 or older who have been CFPC members in good standing for at least 10 consecutive years immediately before the date of nomination. The names of Life Members for 2009 can be found at www.cfpc.ca/awards.

