Family physician remuneration patterns in 2010

Physician remuneration methods and their effect on health outcomes have been the focus of considerable research. Recent studies suggest that implementing a blended method of payment in favour of the traditional fee-for-service (FFS) model might result in a more integrated approach to care and, ultimately, better quality of care and health outcomes1; a more even geographical distribution of physicians; and better recruitment and retention rates.² The 2007 National Physician Survey (NPS) data indicated that 52% of Canadian FPs preferred to be paid for their services using the blended remuneration approach.³

The 2010 NPS data show that the proportion of physicians who are paid mostly through FFS is decreasing. Forty percent of FPs reported receiving 90% or more of their income through FFS remuneration compared with 48% in 2007 and 52% in 2004. The blended payment model is on the rise-in 2010, 35% of FPs reported not having a singlesource account for 90% of their income. This number is

younger FPs (<35 years of age), a substantially higher proportion are paid through blended mechanisms (45%) than are paid through primarily FFS (30%). Canadian provinces vary in terms of adoption of non-

up from 31% in 2007 and 28% in 2004 (Figure 1). Among

FFS remuneration models. Prince Edward Island and New Brunswick have the highest proportion of physicians receiving blended payments (52% and 44%, respectively), while the proportion of physicians remunerated through FFS models is highest in Alberta, British Columbia, and Saskatchewan (58%, 48%, and 47%, respectively) (Figure 2).

Further research is required to fully understand the effects of blended payment methods, as well as their role in the larger scheme of improving Canadian health care, in conjunction with policy changes in other areas.

The NPS is a collaborative project of the College of Family Physicians of Canada, the Canadian Medical Association, and the Royal College of Physicians and

> Surgeons of Canada. Additional results are available at www.nationalphysiciansurvey.ca. If you would like the opportunity to develop and write a future Fast Fact using the NPS results, please contact Artem Safarov, National Physician Survey Project Manager, at 800 387-6197, extension 242, or artem@cfpc.ca.

Figure 1. Proportion of family physicians in Canada using blended and fee-for-service remuneration methods, by year Fee-for-service 60 ■Blended % 52 48 FAMILY PHYSICIANS, 50 40 31 28 20 2004 2007 2010 YEAR

References

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Figure 2. Proportion of family physicians using blended and fee-for-service remuneration methods in 2010, by province* Fee-for-service 60 Blended 52 48 50 44 40 38 34

