This month, Canadian Family Physician is launching a new video series illustrating procedures and assessments that can be useful for family physicians. Check out this month’s instructional video—“Subacromial shoulder injection.” Shoulder pain, local inflammatory conditions, and local pathologies due to soft tissue trauma or repetitive overuse are frequently seen by family physicians. Local injections, such as subacromial injections, can be an effective treatment for some of those conditions. The video reviews the equipment, technique, and care required for this procedure.

The video “Subacromial shoulder injection” is available at www.cfp.ca. Go to this article online, then click on CFPlus in the menu at the top right-hand side of the page.

Past instructional videos can be accessed online at www.cfp.ca. On the homepage, click on Collections in the top menu, then click on Video Series.

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Competing interests
None declared