Check out this month’s instructional video—“Eye tonometry.” Tonometry is a method of measuring intraocular pressure to screen for ocular hypertension and glaucoma. Undiagnosed glaucoma can lead to devastating effects; screening efforts are essential to its detection at the earliest possible stage, as most people with ocular hypertension do not experience any symptoms. The video reviews the equipment and technique required for this procedure.

The video “Eye tonometry” is available at www.cfp.ca. Go to this article online, then click on CFPlus in the menu at the top right-hand side of the page.

Past instructional videos can be accessed online at www.cfp.ca. On the home page, click on Collections in the top menu, then click on Video Series.

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Competing interests
None declared

A 25-year-old African-Canadian man presented with persistent, scarlike, hairless lesions on the nape of his neck that had been present for the past 3 years. Initially, the lesions were pruritic, round bumps that developed into small scars. These scars have always been isolated to the nape of the neck. No lymphadenopathy was observed and he had no history of acne or trauma to the area.

The most likely diagnosis is

1. Impetigo
2. Acne vulgaris
3. Tinea capitis
4. Acne keloidalis nuchae
5. Hidradenitis suppurativa