



## Can you identify this condition?

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A 45-year-old aboriginal woman with a 30-year history of debilitating rheumatoid arthritis presents with an ulcer on her right foot. She initially developed this ulcer 3 years ago following a traumatic incident. The ulcer is very painful and has not responded to multiple courses of antibiotics and different dressings. She is currently taking acetaminophen and short-acting morphine. She is also taking 5 mg of prednisone per day for her rheumatoid arthritis.

### The most likely diagnosis is

1. Arterial ulcer
2. Varicose ulcer
3. Wegener granulomatosis
4. Pyoderma gangrenosum
5. *Clostridium* spp infection

Answer on page 379

## Intra-articular knee injections



### Procedures and assessments video series

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Check out this month's instructional video—"Intra-articular knee injections." Intra-articular injection of the knee is a common and useful procedure in daily practice. Corticosteroid injections are indicated to treat osteoarthritis of the knee, crystal-induced arthropathy, and synovitis in rheumatoid arthritis; viscosupplementation is a step in the long-term treatment of osteoarthritis. The video reviews the equipment and technique required for this procedure.

The video "Intra-articular knee injections" is available at [www.cfp.ca](http://www.cfp.ca). Go to this article online, then click on **CFPlus** in the menu at the top right-hand side of the page.

Past instructional videos can be accessed online at [www.cfp.ca](http://www.cfp.ca). On the home page, click on Collections, then click on Video Series in the left-hand menu.

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**Competing interests**  
None declared

### Video 3. Intra-articular knee injections

