

# Achilles tendon rupture

*Procedures and assessments video series*



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**C**heck out this month's instructional video—"Achilles tendon rupture." Achilles tendon rupture is a relatively common injury among "weekend warriors" that is often misdiagnosed as a strain or minor tendon injury. The video reviews the technique required for this assessment.

The video "Achilles tendon rupture" is available at [www.cfp.ca](http://www.cfp.ca). Go to this article online, then click on **CFPlus** in the menu at the top right-hand side of the page.

Past instructional videos can be accessed online at [www.cfp.ca](http://www.cfp.ca). On the home page, click on Collections, then click on Video Series in the left-hand menu.

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**Competing interests**  
None declared

Video 4. Achilles tendon rupture



## Can you identify this condition?

**Ching-Fu Huang MD Fang-Yih Liaw MD**  
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**A** 23-year-old man presented with asymptomatic, malodorous, yellowish material that had coated his bilateral axillary hairs during the past several months. No specific contact or traveling history was identified. The rest of his medical history was not relevant.

### The most likely diagnosis is

1. Piedra
2. Pediculosis
3. Hair casts
4. Trichomycosis axillaris

Answer on page 648