

Draining a subungual hematoma



Procedures and assessments video series

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Check out this month's instructional video—"Draining a subungual hematoma." Draining is indicated to relieve pain caused by subungual hematomas when the nail edges are unaffected. The decision to perform this procedure is based on the degree of pain, rather than the size of the hematoma. The video reviews the technique and equipment required.

The video "Draining a subungual hematoma" is available at www.cfp.ca. Go to this article online, then click on **CFPlus** in the menu at the top right-hand side of the page.

Past instructional videos can be accessed online at www.cfp.ca. On the home page, click on Collections, then click on Video Series in the left-hand menu.

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Competing interests
None declared

Video 5. Draining a subungual hematoma



Can you identify this condition?

Isaiah Day MD Cody Nelson MD John Elliot MD PhD FRCPC

A 39-year-old white man presents with a 4-week history of extremely pruritic papular lesions that started on his hands. Itching is most intense at night, whereas during the daytime the pruritus is tolerable but persistent. He has a history of eczema, and he applied some hydrocortisone cream with minimal improvement. He notes that shortly after starting the cream the eruption spread to his groin. He denies any recent changes in personal hygiene products, including laundry detergents. He was recently released from prison and had started a new job at a bottle depot.

Examination reveals dozens of 2- to 5-mm erythematous papules involving the finger web spaces, wrists, lower abdomen, and groin. Minimal scaling was observed.

The most likely diagnosis is

1. Atopic dermatitis
2. Insect bite reaction
3. Contact dermatitis
4. Scabies
5. Dermatitis herpetiformis

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