Rebuttal Web exclusive

Rebuttal: Do electronic medical records improve quality of care?

Donna P. Manca MD MCISe FCFP

YES Dr Greiver states that there is "little conclusive evidence that EMRs [electronic medical records] make a substantial difference in the quality of care provided to patients." This conclusion is based primarily on the neutral results of systematic reviews. Systematic reviews require numerous homogeneous, high-quality studies to demonstrate a causal effect. The research on smoking is a good example of why we cannot rely on high-level systematic reviews alone. Evidence of the health risks from smoking began to manifest in the 1970s; however, no systematic review precisely quantified the relationship between smoking and lung cancer until recently.² The research on EMRs is even more heterogeneous, with numerous outcome indicators for quality of care, wide variation in the quality of EMRs, and a large range in EMR skills of and use by clinicians. The resultant studies could be interpreted as having overall neutral results. However, we need to look deeper, and when we do we find early evidence of the positive effect that EMRs have had on quality of care. Improved quality of care outcomes have been demonstrated in a study that compares EMRs to paper charts,³ and in other studies that illustrate positive effects through the additional resources that EMRs bring to the point of care. 4-6

I agree with Dr Greiver that it is the quality of the EMR and how we use it that improves the quality of care; we are at a tipping point. There is wide variation in the quality of EMRs, and minimal standards to ensure that each EMR on the market supports the Patient's Medical Home.⁷ Standards are especially important to ensure minimum reporting and analytical properties. We need to bring new skills and approaches to the team setting;

La traduction en français de cet article se trouve à www.cfp.ca dans la table des matières du numéro d'octobre 2015 à la page e437.

it is not only the family physician who needs to change. Electronic medical records require a new set of skills in data entry and data management to avoid the "garbage in, garbage out" scenario. But other systems, such as electronic health records, must also be adapted to communicate seamlessly with the EMR. Finally, we need unfettered access to our EMR data. Electronic medical records are tools that can improve quality of care if we adapt them and use them appropriately.

Dr Manca is a family physician at the Grey Nuns Family Medicine Centre in Edmonton, Alta, Director of Research in the Department of Family Medicine Research Program at the University of Alberta, and Director of the Northern Alberta Primary Care Research Network, a network contributing data to the Canadian Primary Care Sentinel Surveillance Network project.

Competing interests

None declared

Correspondence

Dr Donna P. Manca; e-mail dpmanca@ualberta.ca

- 1. Greiver M. Do electronic medical records improve quality of care? No [Debates]. Can Fam Physician 2015;61:847-9 (Eng.), 852-3 (Fr.).
- 2. Lee PN, Forey BA, Coombs KJ. Systematic review with meta-analysis of the epidemiological evidence in the 1900s relating smoking to lung cancer. BMC Cancer 2012;12:385.
- 3. Kern LM, Barrón Y, Dhopeshwarkar RV, Edwards A, Kaushal R; HITEC Investigators. Electronic health records and ambulatory quality of care. J Gen Intern Med 2013;28(4):496-503. Epub 2012 Oct 3.
- 4. O'Connor PJ, Desai JR, Butler JC, Kharbanda EO, Sperl-Hillen JM. Current status and future prospects for electronic point-of-care clinical decision support in diabetes care. Curr Diab Rep 2013;13(2):172-6.
- 5. O'Connor PJ, Sperl-Hillen JM, Rush WA, Johnson PE, Amundson GH, Asche SE. et al. Impact of electronic health record clinical decision support on diabetes care: a randomized trial. Ann Fam Med 2011;9(1):12-21.
- 6. Rose HL, Miller PM, Nemeth LS, Jenkins RG, Nietert PJ, Wessell AM, et al. Alcohol screening and brief counseling in a primary care hypertensive population: a quality improvement intervention. Addiction 2008;103(8):1271-80. Epub 2008 Apr 16.
- 7. College of Family Physicians of Canada [website]. Best advice guide: adopting EMRs in a Patient's Medical Home. Mississauga, ON: College of Family Physicians of Canada; 2014. Available from: http://patientsmedicalhome. ca/resources/best-advice-guide-adopting-emrs/. Accessed 2015 Sep 5.

These rebuttals are responses from the authors of the debates in the October issue (Can Fam Physician 2015;61:846-9 [Eng], 850-3 [Fr]).