Physician is pleased to publish an updated version of the Mary and James after graduation and into practice was
lems that are both preventable and manageable,¹ until
ing family medicine residents to care for people like
last, but by no means least, addressing their acute and
accommodate them, communicating with them, and
and make up 1% to 3% of the Canadian
care of adults with IDD face is in life-stage transi-
tions—from childhood to adolescence, from adolescence
to adulthood, from adulthood to late life, and from late
life to end of life. Helpful guidance on improving the
transition to adulthood is provided in a clinical review
by Ally and colleagues (page S37).⁹
As generalists who are used to managing complexity
and uncertainty, family physicians are ideally situated
to provide care to people with IDD in all their complexity
(page S15),¹⁰ but resources and supports are required to
assist us in providing high-quality care. Canadian Family
Physician is proud to publish the updated 2018 guidelines,⁵
as well as the first-ever special issue of the journal,⁶ on this
important and, until recently, neglected area of practice.
We hope that readers will find it of great value.

References
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adulthood for adolescents with intellectual and developmental disabilities. Proactive
in care of patients with intellectual and developmental disabilities. Natural fit for the