



## Pain strikes

Eglee Gimon MD CCFP(PC) FRCPC

Like a lightning bolt out of nowhere, chronic pain paralyzes you and breaks you inside and out. Shattered, you can barely stand in the midst of this thunderstorm; everything around you looks densely gloomy. It is hard to see a way out. The uncertainty and unpredictability that surround chronic pain are represented by a watercolour storm, with a bold pastel bolt of lightning suddenly striking a tree, splitting its branches in half, its broken and charred remnants reminiscent of a person experiencing constant pain.

Dr Eglee Gimon is Assistant Professor in the Department of Family Medicine and the Department of Oncology in the Division of Palliative Medicine at the University of Calgary in Alberta.

**Competing interests**  
None declared

Can Fam Physician 2023;69:198. DOI: 10.46747/cfp.6903198

